

# OUR SIGNATURES

## COLD

## HOT

### TURKEY BACON ON MULTIGRAIN

\$8.39 (500cal)  

Turkey, bacon, lettuce, tomato, & avocado mayo

### CAPRESE CIABATTA

\$8.39 (660cal)  

Fresh mozzarella, baby spinach, tomato, pesto mayo & hoagie splash

### CHICKEN CAESAR WRAP

\$8.39 (640cal) 

Grilled chicken, bacon, romaine, parmesan



Low Carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at [eatcoolfood.org](https://eatcoolfood.org)

### Customize your sandwich

Ciabatta Roll (+60cal) • Multigrain (-40cal) • Wrap (+0cal)  
Salad Bowl (-210cal) • 6" Sub (+0cal) • 12" Sub +\$7.50 (+450-660cal)

### SIGNATURE ITALIAN SUB

\$9.09 (650cal)

Ham, salami, prosciutto, mozzarella, roasted red peppers, lettuce, tomato, onion, mayo, pepper relish & hoagie splash

### MEATBALL SUB

\$8.39 (500cal)

Meatballs, tomato sauce & provolone

### BUFFALO CHICKEN SUB

\$8.39 (450cal)

Grilled chicken, lettuce, tomato, onion, spicy pickles & Buffalo ranch spread



### COMBO DEAL +\$5.29 (+210-570cal)

Add a regular fountain drink & chips to any sandwich purchase.

# YOUR WAY

## 1. SELECT YOUR FAV

Calories shown are based on 6" sub or wrap

**Turkey & Swiss** \$7.29 (400cal)

Sliced turkey with Swiss cheese

**Roast Beef & Cheddar** \$7.79 (420cal)

Sliced roast beef with Cheddar cheese

**Ham & American** \$7.29 (370cal)

Sliced ham with American cheese

**Italian** \$7.79 (490cal)

Sliced ham, salami, pepperoni with provolone cheese

**Tuna Salad** \$7.29 (520cal) 

Tuna with mayonnaise, celery & lemon juice

**Four Cheese** \$5.59 (420cal) 

American, cheddar, Swiss, provolone

## 2. CHOOSE YOUR STYLE

Calories shown are in addition

**6" Sub** 

**Ciabatta Roll** (+60cal) 

**Multigrain** (-40cal)  

**Wrap** 

**Salad Bowl** (-210cal) 

**12" Sub**

Four cheese +\$5.00 (+420cal)

All Others +\$7.00 (+370-520cal)




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## 3. MAKE IT YOURS

Calories shown are in addition

**Lettuce** (+0cal) 

**Tomato** (+10-20cal) 

**Red Onion** (+0cal) 

**Buffalo Pickles** (+10-20cal) 

**Mayo** (+100-200cal) 

**Hoagie Splash** (+80-160cal) 

**Yellow Mustard** (+10-20cal) 

**Add Bacon** \$1.49 (+100cal)

**Xtra Meat** \$2.29 (+160-310cal)

**Xtra Cheese** \$0.99 (+210cal)

## SIDES

**Apple** \$1.19 (100cal) 

**Potato Salad** \$3.39 (160cal) 

**Bagged Chips** \$2.49 (210cal)

**Fresh Fruit Cup** \$2.99 (60cal)   

## BEVERAGES

**Bottled Drink**

Prices & cal. as labeled

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.